

GOWANA ENVIRONMENTAL CLUB

ADVISOR: Mrs. Clark

clarkkels@shenet.org

The Environmental Club will meet on Thursdays alternating each week between morning meetings and afternoon meetings. Morning meetings run from 8:00 am to 9:00 am and afternoon meetings are after school until 4:10 pm. All meetings will be in room G-29. Students can take the early bus to school on weeks we meet in the morning and the late bus home on weeks we meet in the afternoon. Students put out the rolling recycling bins every Thursday before homeroom and remind each homeroom to empty their blue bin. During morning meetings they develop ideas to increase the materials we recycle at Gowana, observe the recycling/composting program in the high school, and participate in Terra-Cycling of specific products.

They will also work to increase awareness of energy conservation within the building. When we meet in the afternoons students maintain the outdoor environmental education classroom/wildlife habitat. Activities include planting, weeding, and watering gardens, composting kitchen waste, pond maintenance and filling bird feeders.

GOWANA COMMUNITY CLUB

ADVISORS: Miss Rosmarin & Ms. Shady

rosmbrit@shenet.org / shadlind@shenet.org

Community Club meets during the school year the first and third Thursday of each month from 8:10 am to 8:40 am. Members are involved in many projects during the year, some of which are, helping at Open House, Participating in the "Pink Hair Tour" for breast cancer, Trick or Treat for UNICEF, collecting for Make-a-Wish angels, adopting families for the holidays, caroling for the Ronald McDonald House, Co-sponsoring dances with Student Council, and many, many more. Students may choose which projects they would like to participate in.

GOWANA SEASONAL CRAFTS CLUB

ADVISOR: Mrs. Wheeler

wheedian@shenet.org

Seasonal Crafts Club meets during the school year the 2nd and 4th Thursday of each month from 8:00 am to 8:40 am. There is a \$20.00 fee to cover the cost of project materials. Seasonal Crafts Club will provide students the opportunity to develop life-long hobbies. Students will learn many craft techniques. Students will have opportunities to request projects which are of interest to them. Be creative and discover your own talents!

GOWANA JAZZ ENSEMBLE

ADVISOR: Mr. Pangburn

pangryan@shenet.org

The Jazz Ensemble is a group comprised of approximately 18 seventh and eighth grade students. Entrance into the group is based on auditions which are held in September. The group performs several times throughout the school year at a variety of venues. It is a lot of fun, but requires a strong time commitment on the part of the student. Rehearsals are held at a time to be determined after auditions. Parents should be prepared to provide transportation to rehearsals and performances.

GOWANA SKI CLUB

ADVISORS: Mr. Keegan & Mr. Sergott

keegchri@shenet.org / sergmich@shenet.org

Ski Club meets on six Wednesday afternoons from 3:40 pm to 9:15 pm during January and February. This year's fee is from \$224 to \$390, depending on rentals and lessons, which also includes bus transportation for the six weeks. Skiing is at West Mountain in Glens Falls. Students need to be picked up from school at 9:15 pm. An organizational meeting will be held on September 22nd. All money and forms will be collected at the September 27th meeting. Both September meetings will be held at 8:00 AM.

GOWANA STUDENT COUNCIL

ADVISORS: Mrs. Cramer & Mrs. Simone
cramvane@shenet.org & simocary@shenet.org

Student Council meets the first and third Wednesday of every month from 8:00 am to 8:45 am in G3. Student Council consists of representatives from each grade level. A mandatory informational meeting is held during September for all students interested in joining. Meetings are held to plan activities which foster school spirit, develop leadership, and support the community. Typical events sponsored by Student Council are dances, flower sales, a Halloween dress-up contest, Gowana Givers, spirit week, Go Green Week, breakfasts for faculty and staff, and more.

GOWANA STUDENT ADVISORY BOARD

Advisor: Mrs. Zusman
zusmlind@shenet.org

Do you want to have your opinions heard? Do you want to give suggestions for Gowana activities? Then be a part of the Gowana Student Advisory Board. We will meet every Thursday afternoon to discuss upcoming events, plan new activities, and hear what YOU think about Gowana. Open to any student grades 6-8. All Gowana clubs are urged to send a representative.

GOWANA YEARBOOK CLUB

This club is for 7th and 8th Graders only
ADVISORS: Mrs. Friedman & Mrs. Stinebrickner
friestep@shenet.org / stinheid@shenet.org

Yearbook Club meets during the school year one morning per week (TBD) from 8:00 am to 8:40 am to start, and then days are added as needed. Students are assigned to take pictures every school day. Students are given the use of a club camera to take pictures to be included in the yearbook. Members are responsible for the sale and production of the Gowana Yearbook. The students decide on the cover, the layout design, and the content of the book. There is a great deal of

responsibility given to the students. Most students attend several meetings a week in order to meet deadlines. The club provides an opportunity for students to learn how to work and cooperate with others within a group setting.

TRI-BUILDING ADVENTURE CLUB

ADVISOR: Mr. Andersen/Ms. Brozio/Mr. Green

andechri@shenet.org / brozkris@shenet.org greealbe@shenet.org

Adventure Club meets beginning in October through May on Wednesday mornings from 8:00 am to 8:45 am. The club is made up of interested 6th, 7th and 8th graders in Gowana, but will be meeting with Koda & Acadia groups. Through non-competitive games, group initiatives and adventure based activities such as experiences on a high ropes challenge course and expeditions, students will be able to:

- Understand and value individual differences
- Improve self concept
- Learn how to give and receive feedback
- Learn how to improve team problem solving skills

TRI-BUILDING AMBASSADORS

ADVISOR: Mrs. Kenyon

kenyeve@shenet.org

The Ambassadors are a mixed group of singers, both boys and girls, who perform at school concerts and civic functions for the community. The Ambassadors have also performed at Lincoln Center in New York City and at the Macy's Thanksgiving Day Parade with the national group "America Sings". The group rehearses on Monday afternoons from 3:40 pm to 4:10 pm, and on Thursday mornings from 8:00 am until school starts. *Students in grades 6, 7 & 8 who are members of Middle School chorus, band or orchestra are eligible to audition to become a member of the Ambassadors.*

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TRI-BUILDING BEST BUDDIES

Grades 6, 7, 8

ADVISOR: Ms. DeCerbo & Mrs. Hull

Decejenn@shenet.org, Hulljess@shenet.org

Best Buddies is an organization that pairs students with disabilities to non-disabled peers in an effort to build friendships. The club meets once or twice a month on Thursdays. Members participate in various social activities together. To participate, members must be able to attend our group functions regularly.

TRI-BUILDING CHESS CLUB

ADVISOR: Mr. Soltys

soltloui@shenet.org

Chess Club is open to all middle school students. The club will choose a weekday morning to meet from 8:00 am to 8:45 am from October to May. Students may ride the early bus in to school or be dropped off by a parent at 8:00 am. The club

provides a friendly environment where students can get together and learn the game of chess. From beginners to experts - all are welcome!

TRI-BUILDING DANCE TEAM CLUB

ADVISORS: Mrs. Preston & Mrs. Hull
presamy@shenet.org / hulljess@shenet.org

Do you love to dance? Are you interested in improving your skills? The Dance Team Club is a spring, tri-building group open to all 8th grade students interested in learning precision dance techniques in the areas of jazz, hip hop, pom and kick line. All students are welcome, regardless of previous experience. Students who do not have a background in dance will have the opportunity to explore dance and learn new skills, while those with previous training will work on improving their technique and learning new moves. Finally, for those students who may someday be interested in trying out for the Shen Dance Team, this experience will enable you to meet current members of the team, help you to decide if you enjoy precision dance, and provide you with a strong foundation in precision dance skills that will help to prepare you for the tryouts. Space is limited and will be filled on a first come, first serve basis. Listen for announcements about club meeting times and dates **in the spring**. We hope to see you there!

TRI-BUILDING FRENCH CLUB

ADVISOR: Mademoiselle Cisler
cislmmary@shenet.org

French Club is open to students in grades 6, 7, and 8. We meet after school in Koda room 807. We play games to learn and review vocabulary, watch movies in French, do activities and arts and crafts to celebrate holidays. This year I would also like to have students make French and Canadian recipes to bring into French Club to share with each other. I hope you will join us! A bientôt.

TRI-BUILDING FUN WITH FOOD

ADVISOR: Ms. Wood

woodpatr@shenet.org

This club is for students (tri-building) who like to cook. We prepare different foods each time we meet. There are two groups of 24 students that meet on alternating weeks. Guests in the Culinary field are also invited to work with us and talk about their careers in food. Students need to be picked up around 5:45 pm since there will be no buses running at that time. There will be an informational meeting which will be announced during homeroom announcements. A fee will be discussed at the informational meeting. This fee will cover food expenses.

TRI-BUILDING FUTURE CITY COMPETITION

ADVISORS: (GOWANA) Mr. Clark

clarscot@shenet.org

(KODA) Mr. Whitley

whitpaul@shenet.org

Mrs. Betzwieser

Future City Competition is a tri-building club. This club is mainly for 7th & 8th grade students; however 6th grade students may help. The members of the team are researching about cities and developing a city. There are three parts to the competition. The first part is to use the Sim City Computer Program to develop a city that has at least a 150 year history, while maintaining certain levels of excellence for its' citizens. The second part is to write an essay concerning the theme for this year. This year's theme is: "Providing a reliable and effective health care product that effectively improves the quality of life and comfort for a patient who is either a senior citizen or has a specific disease, or is suffering from an illness, injury or physical disability." The third part is to actually build a large model of a section of the city. The competition is held in January. If you are interested in joining the team, see or e-mail the advisors above from your home school. We encourage anyone who likes working on computers, (especially if you have used the Sim City programs), as well as building models, to join us.

TRI-BUILDING GAK BOWLING CLUB - Grade 6

ADVISORS: Mrs. Haluska & Mrs. Sprissler
halulean@shenet.org / sprimegh@shenet.org

GAK Bowling Club is a tri-building club for 6th grade students who attend Gowana, Acadia and Koda. All students are welcome: experienced and inexperienced bowlers. Games will be bowled on Wednesdays at Spare Time Bowling Alley. The cost will be \$55, which includes the cost of bowling for six weeks, shoe rental, bus transportation fee, and use of lanes and balls. Transportation to the bowling alley will be provided by Shenendehowa buses. Students must have a parent/guardian promptly pick them up at 5:30 pm at the alley. Students will need spending money to purchase snacks at the snack bar. A pizza party will be provided on the last day of both sessions.

TRI-BUILDING GERMAN CLUB

ADVISOR: TBD

Grades: 7 & 8 Grade German students
And interested 6th Grade students

Middle School Tri-Building German Club meets one afternoon each week, after school, in the German Room, 944. Members must be 7th and 8th Grade German students and interested 6th Graders who would like to learn more about German and the German culture. The goal of the club is to introduce German Culture to students more extensively than we may be able to do in the classroom. We celebrate German holidays, make foods, arts and crafts, watch movies, play games and learn new words. Occasionally, we meet with other Language clubs for joint activities. A small fee may be needed to pay for snacks.

TRI-BUILDING ILLUSTRATION CLUB

Advisor: Mrs. Plouff

plourebe@shenet.org

Illustration Club is a weekly club that allows students to creatively express themselves through illustration, painting, sculpture, collage as well as hallway murals. Students are required to pay a membership fee of 25.00. This fee includes cost of club member t-shirt, art supplies, and snack. Club meets in room 911 every Monday after school until 5pm. All students will need to arrange for pickup.

TRI-BUILDING INDOOR ROCK CLIMBING

ADVISOR: Mr. Sergott

sergmich@shenet.org

Indoor Rock Climbing Club will meet on Monday afternoon from 3:40 pm to 7:00 pm. The first club session meets from October to December. The second club session meets from late March to early May. Each club meets six times and will accept approximately 30 students. There is a fee of approximately \$120. to cover rental of climbing, shoes, harness, lessons, and bus transportation to the Albany Indoor Rock Climbing Gym (AIR). AIR offers a wide variety of climbs at various ability levels. AIR is also the only climbing facility in the country to offer a challenging indoor caving complex. AIR is as close as you can get to REAL rock climbing. It is a great way to learn to rock climb, or sharpen your existing climbing skills.

TRI-BUILDING INTRAMURALS

ADVISORS: Various Coaches

Many seasonal intramurals are offered to students in grades 6 through 8. They are listed in the student agenda. Intramurals meet before school at 8:00 am. Announcements are made to let students know when each sport intramural is starting, and where they meet. Sports currently offered are: Soccer, Flag Football, Cross Country, Field Hockey, Wrestling, Gymnastics, Tennis, Boys & Girls Basketball, Floor Hockey, Volleyball, Team Handball, Girls & Boys Lacrosse, Girls Softball, Boys Baseball, Weight Training, and Track & Field.

TRI-BUILDING LATIN CLUB

ADVISOR: Ms. Griswold

griskris@shenet.org

Latin Club is a tri-building club open to all middle school students. Members help plan and hold the annual 7th through 12th grades Roman Banquet in May. The club also participates in activities throughout the year such as watching classically themed movies and doing projects. Our club will work with the High School Latin Club to match struggling middle school Latin students with "study buddies" from the High School. Our meetings are usually held after school in Room 948. There is a \$3.00 dues fee. Specific events may cost extra.

TRI-BUILDING MATH COUNTS

ADVISOR: Mrs. Sprague

sprajenn@shenet.org

Math Counts is a tri-building club for students interested in doing higher level problem solving in mathematics. The club follows the activities outlined in the National Math Counts program. It includes problem solving strategies, some enrichment instruction and participation in the local and regional Math Counts competition. It is open to 7th and 8th grade students. Meetings will begin the end of October and will be held in Room G26. Students will meet once a week after school on a day to be determined.

TRI-BUILDING MATH OLYMPIADS

Grade 6

Advisor: Ms. B. Miller

millbrit@shenet.org

Math Olympiads meets once a week before school (the day is TBD) to explore a mathematical topic or strategy using creative problem solving techniques. Club members will participate in five monthly contests, given from November to March, as individuals and as teams. Math Olympiads is an international program where students are competing against over 150,000 mathletes worldwide! After March, the club continues with two more competitions...the Shen Spring Tournament & the Tournament of Champions. In June we celebrate the accomplishments of our members and teams at an awards

ceremony. Math Olympiads is open to all tri-building 6th graders. Come and find out how with Math, the possibilities are infinite!

TRI-BUILDING MIDDLE SCHOOL BOOKSTORE

ADVISOR: Mrs. Cahill

cahistac@shenet.org

The Middle School Bookstore is a tri-building club open to any 6th, 7th or 8th grade Shenendehowa Middle School student. The Bookstore provides an opportunity for students to learn business skills. It is a rewarding experience, but only reliable students should apply. The Bookstore is open from 8:30 am to 8:50 am every school day from September through May.

TRI-BUILDING MUSICAL THEATER

ADVISORS: Mrs. Feeny & Mr. Carucci & Ms. Baird

feenrebe@shenet.org / carubria@shenet.org / bairheat@shenet.org

The Musical Theater is an opportunity for all students interested in performing a Broadway production on the stage. Students are selected through an open audition process in early November. Rehearsals will begin in January and continue through until the actual performance of the production March 25th, 26th, and 27th. Rehearsals occur on various afternoons from 3:45 pm to 5:00 pm. Students not interested in performing are invited to be part of the production crews.

TRI-BUILDING ODYSSEY OF THE MIND

ADVISORS: Mr. Sliwinski

Sliwjose@shenet.org

Odyssey of the Mind is a tri-building club. It encourages the students, on a team of 5-7, to creatively solve one of five problems. All ideas on how to solve the problem, and the work, must come from the students. The team usually meets once a week after school until 5:00 pm. Competition occurs locally in early March. Listen to the announcements for our first meeting in September. We encourage anyone who likes to build, create, and have fun, to join.

TRI-BUILDING ROCKET/ASTRONOMY CLUB

ADVISOR: Mr. Clark

clarscot@shenet.org

This is a tri-building club that centers around the exploration of the field of aerospace design and astronomy. Science Club meets on Thursdays after school in Room G18. Students will be building rockets in the fall and spring. In the fall they will be using rocket kits, in the spring they will be making custom designs. All students in grades 6, 7 & 8 are welcome.

TRI-BUILDING SEWING CLUB

ADVISORS: Mrs. Sayers & Mrs. McGrath

sayeclau@shenet.org or mcgrchri@shenet.org

The Tri-Building Sewing Club will meet every Monday from 3:35 - 6:00pm. We will divide the club into two groups. The Beginner Group will meet from October to December and the Advanced Group will meet from January to March. Students will complete projects by hand as well as with a sewing machine. Projects include personal accessories, a simple clothing item and an optional recycled project. Since this is a tri-building club students can join with their friends from all MS buildings. A \$5.00 fee will be collected for shared supplies. Students will be required to purchase fabric for one or two additional projects.

TRI-BUILDING SPANISH CLUB

GRADES 6-8

ADVISOR: Mrs. Zusman

zusmlind@shenet.org

If you are interested in Hispanic culture, traditions, music and languages, this is the club for you! Students will make crafts, try new foods, watch movies, and play

games from 'el mundo hispano'. First meeting will be held during the first week of October, after school. Late bus passes will be provided.

TRI-BUILDING TALENT SHOW

ADVISORS: Ms. Shady

shadlind@shenet.org

The Talent Show is a tri-building activity open to any 6th, 7th or 8th grade Shenendehowa Middle School student. The show takes place in November, and there are mandatory auditions and rehearsals. Announcements of try-out dates will be made well in advance of the show. Come share your talent, whatever it is!