

March 2011 Edition



CHANGO *Happy and Cheerful*

Character Words of the Month

Reliability

- Do what you say you will do
- Be a person others can count on
- Be responsible for what you say and do



We are excited to announce that Ms. Katie Ferree has been hired to fill in for Mrs.

Huntsman this spring while she cares for her new baby. Ms. Ferree will be meeting Chango's students at the end of this month, and will continue the groups and classroom lessons that are currently offered through the counseling program.



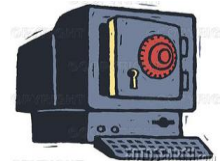
All fourth grade classes have participated in our safety program with Mrs. Huntsman over the past several weeks. The students have reviewed the four safety rules that are the foundation of the Netsmartz program:

- Check First
- Take a Friend
- Tell people no
- Tell a trusted adult

Students also played games and completed activities that focused on making smart choices when using the internet. Students learned that is important not to give out personal information when using the internet, and that if they see anything that makes them feel uncomfortable or scared, they need to tell an adult.

To see some of the games and activities that the Netsmartz program offers, go to: www.netsmartzkids.org

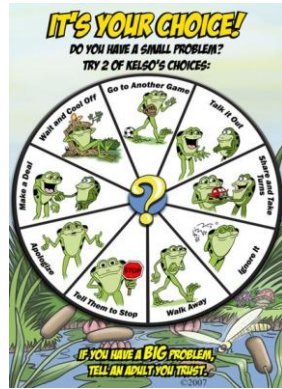
Fifth grade students have also completed several classroom lessons with Mrs. Huntsman. The lessons focused on



connecting what our students learned through the DARE program and many of the choices they will be faced with over the next few years. We reviewed internet safety skills, specifically related to what is okay and not okay to post on the internet, and the dangers of posting personal information to websites and social networking sites like Facebook.

Chango Counseling Corner Newsletter

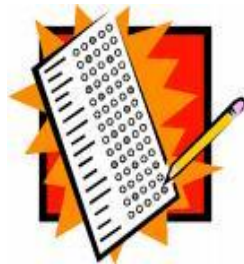
Second Grade students will soon participate in classroom lessons to review the Kelso's Choice program. Kelso teaches students the difference between small and big problems, and how kids can try to solve some of the small problems that occur between peers. Over the next months the students will continue to learn about strategies they can use to solve small problem on their own.



- Go to Another Game
- Share and Take Turns
- Tell them to stop
- Make a deal
- Wait and cool off
- Talk it out
- Ignore it
- Walk away
- Apologize



All 3rd grade students will soon participate in classroom lessons with the counselor to learn about test taking skills and ways to relax if they feel nervous about taking tests. Students will complete activities with the counselor to practice some relaxation techniques and learn positive things they can do while taking tests to remain calm and focused.



Summer Camp Information

Shenendehowa Summer Adventures will soon be sending out information about summer programs offered to Shen students.

For more information please use the following link:

<http://www.shenet.org/district/CommunityServices/ShenSummerAdvent.cfm>



RPI is offering several Summer Enrichment programs for Elementary and Middle School student this year.

Summer enrichment programs allow students the chance to participate in non credit programs that stimulate their minds and exercise their bodies. For more information about course offerings and program descriptions, please use the following link.

<http://summer.rpi.edu/update.do?catcenterkey=4>

