

# Chango Counseling Corner Newsletter

## October 2010 Edition



CHANGO *Happy and Cheerful*

Character Word of the Month

# RESPECT

- Listen to what other people have to say
- Treat others the way you want to be treated
- Show kindness and consideration



Changing Families lunch groups will start soon! Permission slips are available in the Main Office or in the Counseling Center. If your child would still like to participate in this group it is not too late.

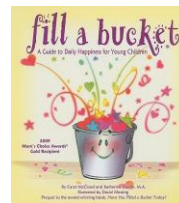
If you have any questions about the group, please contact Mrs. Huntsman at 881-0520.



New members are ALWAYS welcome to join



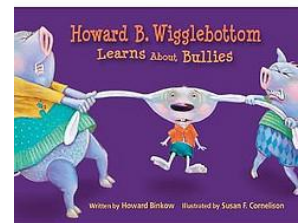
Thanks for all of the support for our recent Bullying Prevention week! Each day our students were asked to focus on a specific theme to help build friendships and respect at Chango. In addition, activities and lessons about what bullying is, and how to prevent it were presented to all grade levels during Library classes. Mrs. Benson and Mrs. Huntsman worked together to teach students how they can Speak Up, Reach Out and Be a Friend.



Kindergartners listened to a story about how people can be kind to others at school and at home.

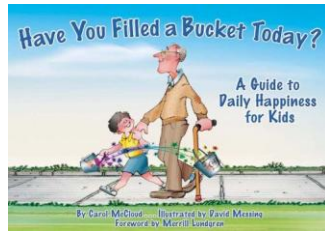
First grade students watched an animated version of the book Howard B. Wigglebottom Learns about Bullies

To watch the book again, visit the author's website at [www.wedolisten.com](http://www.wedolisten.com)



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Second grade students listened to a story about Bucket Filling. The students learned that



each person has an invisible bucket with us at all times. When our bucket is full, we feel good. When our bucket is empty we feel bad. When we are kind, helpful, and show respect to others, we fill up other people's buckets, and we fill our own bucket also. When people are mean, they dip into their own bucket, and take away the good feelings that other people have to.

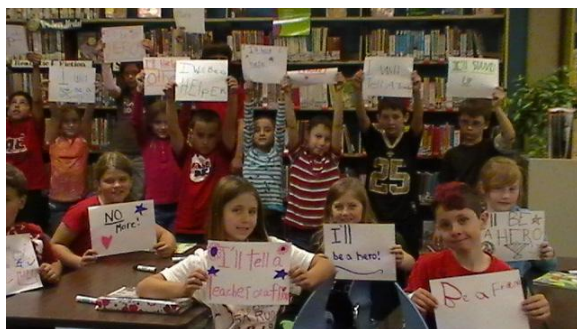
All 3<sup>rd</sup> graders played a power point game titled "Are you Smarter than a 5<sup>th</sup> Grader?" The students answered many



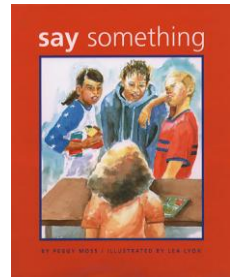
true /false questions that focused on what bullying is, where bullying happens, and what witnesses

can do if they see bullying happening at school. Congrats to all of the classes for doing so well!

**Our 4<sup>th</sup> graders viewed a bullying video and had a discussion about where bullying occurs, and what students can do to help prevent or stop it. Each class created posters showing what they could do to build respect and prevent bullying from happening.**



Fifth grade students listened to a story about the power witnesses have to stop bullying if they see it happening.



After the story, the classes completed an activity asking students to write about a time when they witnessed teasing or bullying in the past. Students were asked to brainstorm ideas on what the witnesses could have done to make things better.

**Speak up  
Reach out  
Be a FRIEND**

These lessons will be expanded on throughout the year during classroom lessons that tie in to our regular classroom guidance programs at Chango. For more information, or to view some of the information shared with students about bullying prevention, visit any of the following websites:

<http://www.pacerkidsagainstbullying.org/>  
<http://www.stopbullyingnow.hrsa.gov/kids/>  
<http://pbskids.org/itsmylife/friends/bullies/>  
<http://wordscanheal.org/>  
<http://dontlaugh.org/index.php>  
[www.bucketfillers101.com](http://www.bucketfillers101.com)

## Free Parent Program



Encouraging the development of social skills for children with Autism. The program will address strategies that parents and professionals can use to build social skill development in children in a variety of settings. The program will be held on Monday Nov. 1, 2010 from 9:00-11:00 am at Wildwood Programs, 1190 Troy-Schenectady Road, Latham For more information, call Marie Awn Floyd at 640-3346.