

# Chango Counseling Corner Newsletter

## September 2010 Edition



CHANGO *Happy and Cheerful*

## Welcome back to a new school year!

Character Word of the Month

# Responsibility

- Take care of your school supplies
- Try your best to do all of your work
- Be in control of what you say and do



## Lunch Groups

Mrs. Huntsman will be inviting all students in grades 1-5 to have lunch with her once in small groups over the next few weeks. The students will have a chance to ask questions about what the counselor's job is here at Chango, and share how the year is going so far.



Changing Families Groups will be starting in October. Permission slips will be sent home soon with all students, and are also available on the Chango Counseling Website.



This group is for students who have had changes occur in their family due events such as remarriage of a parent, separation, divorce, or loss of a family member.



Groups will meet once a week by grade level during lunch time. The groups will be held from October- early

January. If you have any questions about Changing Families, please contact Mrs. Huntsman at 881-0520. New members are ALWAYS welcome to join.



Clicky, Webster and Nettie will again be teaching all students in grades K-5 about personal safety and internet safety with Mrs. Huntsman this year.

Look for handouts and brochures that will be sent home with students when classroom lessons are held throughout the year. For more information visit the

Netsmartz website at [www.netsmartz.org](http://www.netsmartz.org)



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## Community News and Programs



### Free Parent Program

Obtaining services through the NYS Office for People with Developmental Disabilities

Learn about eligibility criteria, and what to expect from the many services offered through the office. The program will be held on Monday Sept 20, 2010 from 9:00-11:00 am at Wildwood Programs  
1190 Troy-Schenectady Road, Latham  
For more information, call Marie Awn Floyd at 640-3346.



The Community Hospice offers a unique support program for children called **Wave Riders**.

This program is designed to provide a supportive environment for children, teens, and families who have experienced the death of someone significant in their lives.

This program is offered free of charge and is open to anyone in the community. Pre-registration is required to participate. For more information, please contact Mark Kearney at the local Community Hospice Office at 581-0800.



## SCHOOL SUPPLIES

Parents: Please contact Mrs. Huntsman if your child is in need of any school supplies.



In October, all elementary students in Shenendehowa will participate in a bullying prevention program. During the month, a number of activities will take place to raise awareness and prevent bullying from happening in our schools. Students will learn about what bullying is, how it makes people feel, and what they can do to help stop bullying and show support for a kinder, friendlier and safer school. More information will be sent home with students at the end of this month.

Speak up  
Reach out  
Be a **FRIEND**

