

January 2010

**January Dates:**

- 1/11 PTA Meeting 7-8:30 Cafeteria
- 1/15 Spelling Bee 2-3 pm in gym, Grades 3, 4, 5
- 1/15 Movie Night—Chango Cafe
- 1/18 No school, Martin Luther King, Jr. Day
- 1/20 Band Concert 7 PM
- 1/25 PTA night out at Five Guys Restaurant 4-7
- 1/29 Half Day for Grades 1-5 (AM Kindergarten only)
- 2/6 & 2/7 Boys Bowling
- 2/8 PTA Meeting

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# Chango PTA News



Editor: Shannon Silva [news4chango@yahoo.com](mailto:news4chango@yahoo.com)

## Letter from the President

**HAPPY NEW YEAR!!** I can't believe that the school year is half over, but we still have much to do. December was quiet from the PTA standpoint, but with the holidays and weather, I'm sure we all had more than enough to do to make up for it.

Our meeting this month is **Monday January 11 from 7-8 pm in the café.** Please come and join us if you can. We will have some great guest speakers with us; you won't want to miss it.

Please keep an "eye out" for Chango's PTA 'Call For Help' regarding upcoming events and programs, we could use your help! For starters "Almost March Madness" is coming on Sunday, February 28th. We need volunteers to make this event a huge success!

In January the PTA board begins to look for individuals who would like to be involved in the PTA for the 2010-2011 school year. This is the last "term" for some of our board officers. If you or someone you know would like to have the opportunity to step up (take on one of the roles), please let me know. There is PTA Council sponsored training available for those who are interested. Being a part of the PTA board is very rewarding. Knowing that you are making a difference at your child's school, getting to know the Chango staff, and making lots of new friends are some of the reasons to become an active PTA board member. If you already know you want to be involved, please contact me @ 956-0785 to discuss further officer positions.

Idalia I. Sepulveda, Chango PTA President

## SPECIAL THANKS TO:

Dr. Oliver Robinson – for "Community Conversations" held at Chango Café.

Steven and Trish Plansker – PTA Movie Night. What an awesome night out with the family. Thank you for organizing. Looking forward to the next Movie Night on January 15th.

Shannon Silva \_ PTA Newsletter. Has done a fabulous job with the newsletter; I thank her especially for her patience with all the newsletter contributions.

Don't  
Forget  
Your .....



AND.....



Soup for Schools

## Reminders from the Main Office.

1. January 29th will be a half day of school, only AM Kindergarten will attend. Parents should make necessary transportation/babysitting arrangements. More information will be forthcoming.
2. Children who turn 5 before 12/1/10 are eligible to start Kindergarten in September 2010. Registration will take place at the district office in early March. Exact dates and times will be advised shortly.
3. Please remember that children should be dressed appropriately for outside recess. Recess will be outside unless the temp is below 20 degrees or in the case of severe weather.



## To Be Announced

Friday, January 15th, 7 p.m.

(Doors open at 6:30)

**Free Admission!**

**Children must be accompanied by an adult.**



**WE'LL EVEN PROVIDE THE POPCORN!!!**

**Bring your pillows and Blankets to our Cafeteria Movie Theater!**

**Bring some food or juice boxes to put on the sharing table!**

## Almost March Madness

**SAVE THE DATE:** Sunday, February 28th (4:00 -6:30 PM, doors open at 3:15 PM) marks the debut of Almost March Madness, an inter-school basketball tournament featuring faculty and staff as players and cheerleaders. Come cheer on Chango as we face off against teams from Tesago, Skano and Arongen.

Tickets go on sale on January 6<sup>th</sup> (4-7 PM) on a first-come, first-serve basis. Get ready for a fun family night out and watch your teachers play some basketball.

For more information, contact Idalia Sepulveda at [iisepulveda@yahoo.com](mailto:iisepulveda@yahoo.com).



Here are the Character Kid  
winners for the month:

**December ~ Compassion / Tolerance**

- K: Christian Rainis
- 1: Owen Bogue
- 2: Benjamin Kniskern
- 3: Hunter Riley
- 4: Raquel Rice
- 5: Tegan Robinson



*Do you realize that  
many of the  
educational  
programs your  
children enjoy are  
paid for by the  
PTA?*



2009-10 Chango PTA Board Contact Info



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Winter 2009

As part of the Chango School Health and Fitness Program, all children are expected to participate in a twenty minute fresh air activity every day during their outside lunch recess period. When weather conditions are severe or the temperature is below 20 degrees, all students will remain inside during lunch recess.

It is very important that children are dressed appropriately for the daily outside weather conditions. All children should be wearing boots, gloves, hat, warm coats, and jackets. Children without boots will be limited to play on the plowed blacktop areas only. Snow pants are required for those children who wish to play in the snow down the hill. All clothing should be clearly labeled with the student’s name. Children should also bring sneakers or shoes to change into for the school day.

If families are in need of any winter clothing for their children, please contact Mrs. Huntsman, our school counselor.

We also ask that parents remind children to practice good character by observing the playground rules for proper conduct and safety on the playground.

Thank you!



# Mother/Son Bowling is Back!



Chango PTA sponsored Mother-Son Bowling is coming up soon. Sign-up forms will be sent home soon. The deadline to return the forms is January 20th.

**\*\* If there are any Dads who would like to help out the day of the event so that Moms can bowl with their sons, it would really be appreciated.\*\***

Please contact Donna Kinkaid at 877-8166 or [DEKTW@nycap.rr.com](mailto:DEKTW@nycap.rr.com) or Marlene Sweet at 281-9722 or [mtrcsweet@msn.com](mailto:mtrcsweet@msn.com) with any additional questions or to volunteer.

## PTA NEWS

- The Shenendehowa Council PTA is accepting nominations from members of the Shenendehowa community for both the Honorary Life and Distinguished Service Award. These awards recognize individuals for their dedication to children and youth in the home, school, community, or place of worship. The person nominated does not need to be a member of the PTA but they will be honored at the annual PTA Founder's Day Dinner in April. For more information on the history and significance of this award and to obtain a nomination form, visit the PTA Council website at [www.shenet.org](http://www.shenet.org) and follow the link to the PTA Council page. The completed nomination form can be mailed to Council PTA Honorary Life Committee, 60 Esopus Drive, Clifton Park, NY 12065 or sent via attachment to [ptahonorarylife@aol.com](mailto:ptahonorarylife@aol.com). **The deadline for receipt of nomination forms is January 15, 2010.** Please direct any questions to the email address listed above.

Thank You!

- The Gowana PTA is in need of a new Membership Chair for next year. If anyone is interested in this position, contact Idalia Sepulveda at [iisepulveda@yahoo.com](mailto:iisepulveda@yahoo.com)
- Have you heard the new? The Chango PTA has joined Yahoo Groups—this is a new email distribution system that will make it easier for us to get the word out to everyone at one time. Are you a member? Chances are if you have been receiving duplicate emails from the PTA over the past few months—you are already a member and you can sit back and relax and continue to receive all your cool PTA news! If not, **NOTE THAT effective January 31, 2010** we will only be corresponding via Yahoo Groups. If you were a Chango parent last year, you may still be receiving emails via our “old system” Chango Communications (Idalia Sepulveda).

To join the Yahoo Groups, **please email Tina Harris**, the PTA Secretary @ [tinaharris14@yahoo.com](mailto:tinaharris14@yahoo.com) and she will send out an invitation to join the Group. **The invitation will arrive via email from ptachango and you will have 30 days to respond** to the invitation; once you accept you will continue to receive all the current PTA news and updates. **Please help us make this transition as smooth as possible for everyone by taking a moment to reply.**

Thank you.



## **Chango Checkpoint**

Check in here each month to learn about upcoming events and volunteer opportunities!

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Happy 2010 to all! Whew...we made it through the holidays with just a few extra pounds gained...ok, maybe more than a few extra but we need those in order to have well-intentioned New Year's Resolutions!!

With all the holiday planning and excitement it's tough to schedule a lot of PTA events in the month of December, but we did manage to throw in a family Movie Night at Chango (in amongst roasting all those chestnuts on the open fire that is!!). Many thanks to Steve Plansker for planning and running a great Christmas classic to kick off the holidays... the Polar Express came to Chango and was enjoyed by all who came to see it. Thanks also to the custodial staff for installing the new screen in the cafeteria to make movie viewing that much more of an experience.



### **Here's the "line-up" of events for the month of January...and a sneak peak at the beginning of February – Don't forget to mark them on your calendars!**

**January 11 (Monday)** – PTA Meeting in the Chango cafeteria at 7:00 pm.



**January 18 (Friday)** – Movie Night. Bring a pillow, blanket, some snacks and a favorite stuffed animal and snuggle down for some good family fun. Movie starts promptly at 7:00 pm. More details to follow.

**January 25 (Monday)** – Chango Night Out at **Five Guys Burgers and Fries**. Just the description as the "Willy Wonka of Burgercraft" is more than enough reason to check this place out. Add to this the fact that someone else does the cooking, you can meet up with your Chango friends, and part of the proceeds go towards supporting your PTA and we've got a winning combination. See you there!

**January 29 (Friday)** – Teacher Soup Day. Teachers and staff enjoy delicious hot soup for lunch made by parent volunteers. The soups are served in numerous crock pots in the staff lounge or cafeteria. This is a way for the PTA to thank our teachers and staff who work with our children.



**January 1-31** – Pizza Hut Book It Reading Program. Encourage your child(ren) to chart their reading progress on the January Book It! reading log. Don't forget to return your December reading log to earn a Reading Award Certificate.

**February 6 & 7 (Friday and Saturday)** – Boys Bowling. Chango boys get the chance to invite their favorite adult lady to the bowling alley for fun and pizza.



We can always use help at these events. If you want to volunteer to help with any of the above events or if you have questions, please contact Krista Ferguson at [changoevents@yahoo.com](mailto:changoevents@yahoo.com).

# FIVE GUYS®

## BURGERS and FRIES

CHANGO PTA NIGHT OUT  
MONDAY, JANUARY 25  
5–8 PM

Come enjoy some great burgers and fries  
while supporting a great cause at  
Five Guys Clifton Park

\*\* Don't forget to bring your Chango coupon for PTA credit \*\*  
(available on the PTA website)



HEALTHY SNACK IDEA FOR THE NEW YEAR



### ***Banana Popsicles***

- 3 bananas
- 6 Popsicle sticks
- 1/4 cup natural peanut butter, softened
- 1/4 cup chopped peanuts or walnuts, granola, crispy rice cereal, or sunflower seeds

How: Peel the bananas. Cut them in half, widthwise, and push a Popsicle stick through the cut end of each half. Spread peanut butter on the bananas, and then roll them in the nuts, cereal, or seeds. Wrap them in waxed paper and freeze for three hours.

Why: A single pop contains 16 percent of the recommended daily dietary-fiber intake for an adult. The potassium content of the bananas can help reduce bloating in mom, while the peanut butter and nuts or seeds provide fiber and heart-healthy monounsaturated fats.