

2018 Saratoga County Mental Health Resources

 <p>AMERICAN FOUNDATION FOR Suicide Prevention</p> <p>Information on Survivors of Suicide Loss Support Groups and other survivor resources.</p> <p style="text-align: center;">518-791-1544</p>	 <p>Provides inpatient and outpatient mental health treatment services for children, adolescents and adults.</p> <p style="text-align: center;">518-584-3600</p>	 <p style="text-align: right;"><u>Saratoga County</u> <u>Mental Health</u> <u>Center</u></p> <p>Providing a wide range of mental hygiene services for children, families, and adults.</p> <p style="text-align: center;">518-584-9030</p>
 <p>National Alliance on Mental Illness Alliance of local mutual support, advocacy, self-help groups and individual members at large.</p> <p style="text-align: center;">518-306-6073 or Helpline: 1-800-950-3228</p>	<p>Adirondack Samaritan Counseling Center518-747-2994</p> <p>Alliance for Positive Health518-434-4686</p> <p>Broken Hearts.....518-885-8995</p> <p>Capital Counseling518-462-6531</p> <p>Captain Youth and Family Services518-371-1185</p> <p>Captain Youth and Family: Youth Shelter518-369-9928</p> <p>Crisis Text LineTEXT 741741</p> <p>Domestic Violence & Sexual Assault Hotline.....518-584-8188</p> <p>ECS Psychological Services518-580-0520 x101</p> <p>Friendship House Day Treatment Program518-885-4521</p> <p>Healing Springs Recovery Center518-306-3048</p> <p>NEDA (National Eating Disorders Association)1-800-931-2237</p> <p>National Child Abuse Hotline1-800-4-A-CHILD</p> <p>National Runaway Hotline1-800-621-4000</p> <p>New Choices Recovery Center.....518- 346-4436</p> <p>North Country Mobile Crisis Services518-292-5499</p> <p>NYS Child Abuse Hotline1-800-342-3720</p> <p>NYS Coalition Against Domestic Violence1-800-942-6906</p> <p>NYS Coalition Against Sexual Assault518-482-4222</p> <p>NYS Office of Mental Health1-800-597-8481</p> <p>RAINN (Rape, Abuse & Incest National Network)1-800-656-4673</p> <p>Salvation Army518-584-1640</p> <p>Samaritan Counseling Center518-374-3514</p> <p>Saratoga Behavioral Health 518-871-1258</p> <p>Saratoga Center for the Family518-587-8008</p>	
<p style="text-align: center;">NATIONAL</p> <p style="text-align: center;">SUICIDE PREVENTION</p> <p style="text-align: center;">LIFELINE™</p> <p style="text-align: center;">I-800-273-TALK www.suicidepreventionlifeline.org</p> <p>Free, confidential support.</p>		
 <p><u>Mental Health</u> <u>Association</u> <u>In New York State</u></p> <p>Promotes mental health, recovery, empowerment and public awareness.</p> <p style="text-align: center;">518-434-0439 x13</p>		



Serves, empowers, and advocates for persons in need. Provides a multitude of assistance in public services.

518-587-5000

THE TREVOR lifeline
866.488.7386



TheTrevorProject.org



The PREVENTION COUNCIL

Helping youth navigate life's challenges

Helping young people avoid the activities that stems from substance abuse.

518- 581-1230



JED Foundation

GET HELP NOW.

Protecting Emotional Health. Preventing Suicide.

1-800-273-TALK (8255)

- [Saratoga Community Health Center](#)518-886-5600
- [Saratoga County Public Health Services](#)518-584-7460
- [Shelters of Saratoga](#).....518-581-1097
- [Stonebridge Residence](#)518-584-2746
- [Substance Abuse Hotline](#)1-800-662-4357
- [Suicide Prevention Center of New York](#)518- 402-1156
- [The Compassionate Friends](#).....518-596-4275
- [Transitional Services Association](#)518-587-6193
- [Unplanned Pregnancy Hotline](#)1-866-942-6466
- [Wellspring](#) 518-583-0280

For more mental health and suicide prevention resources:

Alliance of Hope

<http://www.allianceofhope.org/> American

Association of Suicidology

<http://www.suicidology.org/>

American Foundation for Suicide Prevention

<https://afsp.org/chapter/afsp-capital-region-new-york/>

<https://afsp.org/>

Jed Foundation

<https://www.jedfoundation.org/>

Friends and Families of Suicides/Parents of Suicides

<http://www.pos-ffos.com/>

Mental Health Association in NYS

<https://mhanys.org/>

National Alliance on Mental Illness

<https://www.nami.org/>

National Association of School Psychologists

<http://www.nasponline.org/>

National Suicide Prevention Lifeline

<https://suicidepreventionlifeline.org/> SOLOS –

Survivors of Loved Ones to Suicide

https://afsp.org/support_group/solos-survivor-of-loved-ones-to-suicide-support-group/

Spouses of Suicides

spousesofsuicides-subscribe@yahoogroups.com

Suicide Awareness Voices of Education

<https://save.org/>

Stop Bullying

<https://www.stopbullying.gov/>

The National Child Traumatic Stress Network

